



COVID-19

Pickleball Guidelines



- Follow CDC Guidelines and practice good hygiene at home. When coming to the court, sanitize your hands and equipment before and after play.
- Avoid touching court gates, fences, benches, etc
- When playing, try to stay at least six feet apart from other players. Do not make physical contact with them such as shaking hands or high fives
- You should consider not playing doubles, which could lead to incidental contact and unwanted proximity.
- Avoid touching your face after handling a ball, paddle, or other equipment. Wash your hands promptly if you have touched your eyes, nose, or mouth.
- Use your paddle/foot to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls. If utilizing a raised net, hit the ball under the net to your opponent.
- Stay on your side of the court. Avoid changing ends of the court.
- Remain apart from other players when taking a break.
- After playing, leave the court as soon as reasonably possible.
- Wash your hands thoroughly or use hand sanitizer after coming off the court.
- No extra-curricular or social activity should take place. No congregation after playing.
- Thoroughly wash your paddles, grips, pickleballs, towels, clothes, bags, water bottles, and other items you have used or touched.

Questions? Call Greenfield Recreation at 413-772-1553