



## GREENFIELD RECREATION DEPARTMENT

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# COVID-19 Safety Precautions Co-Rec Softball 2021 Adult League Green River Park, Hillside Park, Middle School

### Social Distancing

- Social distancing will be attempted at all times both on and off the field of play and Managers are responsible for enforcement.
- Benches and bleachers may be used as long as six feet social distancing is maintained.
- Sportsmanship will be touchless, that means no handshakes/slaps/fist bumps.
- Arrive, play, and leave. No congregating in the parking lot, fields, or other areas of the park before, during, or following practices and games.
- In-person, team-based social events must not occur until all COVID-19 specific restrictions regulating sports leagues are fully lifted.

### Face Coverings

- Players/managers must wear facial coverings at all times including during active play and on the bench or sidelines.
- Players should take frequent facial covering breaks when they are not actively playing and are out of proximity to others.
- Face coverings must be worn by all staff, umpires, and other officials.

### Spectator Guidelines

- No spectators are allowed for sports and activities played by individuals 21 years and older per Massachusetts Youth and Adult Amateur Sports Guidance.

### Communication Plan

- Signage will be posted around the ball fields regarding social distancing, COVID-19 Signs and symptoms, and other signs as needed.
- Managers will be notified of any changes via email.
- Managers will communicate to the Recreation Department if a player on their roster has tested positive for COVID-19 or if there is a surge of symptomatic individuals.

## **Attendance and Screening**

- Managers must keep accurate attendance records of players present for each game.
- Managers must conduct health related COVID-19 screenings of each player before each game and have available to review by the Recreation Department or Board of Health.

## **Hygiene Protocols**

- No handshaking or personal contact celebrations.
- No sharing of drinks or snacks.
- No sunflower seeds, gum, or spitting allowed.
- Teams must provide their own sanitizer and players must regularly sanitize their hands:
  - Upon entry and exit from the ball field.
  - In between each inning.
  - Before and after handling/eating snacks or drinks.
  - After sneezing, coughing or nose blowing.
  - After touching or cleaning surfaces that may be contaminated.
  - After using any shared equipment like softballs (every inning).
  - An individual from each team shall be designated to sanitize softballs as needed.

## **Sanitation Protocols**

- Facility
  - No Sani-Can will be provided.
  - All belongings must be removed and all trash disposed of; nothing left behind at the field.
- Equipment
  - All players are encouraged to have their own equipment including glove, bat, helmet, etc. Batting gloves are encouraged. Shared equipment must be sanitized between use.
  - Softballs should be sanitized on a regular basis (every inning) by each team. Managers will be given hand sanitizer to bring to every game/practice.
  - Each team will use their own balls on the field, no sharing balls between teams.
  - Catcher's equipment will be used by only one player per game/practice and will need to be disinfected after each game before being used again.
  - Players will be encouraged to disinfect their equipment at home after every game/practice.

## **Cooperation with Health Officials**

- The Recreation Department, team managers, and players are required to cooperate with state health officials and local boards of health and their authorized agents.
- A copy of this plan must be maintained on site.
- Team rosters with players contact information will be made available to health officials by the Recreation Department upon request.

## **Health Screenings**

- Managers will be required to conduct screenings consisting of the following COVID-19 related questions. If a player answers yes to any of the questions, they must be sent home and will be unable to play:
  1. Today or in the past 24 hours, have you or any household members had any of the following symptoms:
    - Fever or chills
    - Cough
    - Congestion or runny nose
    - Sore throat
    - Shortness of breath or difficulty breathing
    - Gastrointestinal symptoms (diarrhea, nausea, vomiting)
    - Fatigue (*Fatigue alone should not exclude from participation*)
    - Headache
    - New loss of smell/taste
    - New muscle or body aches
  2. In the past 14 days, have you had close contact with a person known to be infected with COVID-19?

## **Symptomatic Persons**

- If anyone at the field becomes symptomatic, they must leave immediately.

## **Positive Test of COVID-19**

- If a player tests positive for COVID-19, the following plan will be executed:
  1. If COVID-19 is suspected for any player, the player must notify the Recreation Office immediately letting the Recreation Director know of a positive test, suspected diagnosis or positive household contact.
  2. The Recreation Director will notify the Health Department immediately. A course of action will be discussed on how to proceed forward.
  3. Contact tracing will begin and the Recreation Director with the help of managers will find out the following information:
    - When symptoms began (either from DPH or family)
    - Determine if the player attended practices or games while symptomatic or during the two days before symptoms began
    - The Recreation Director will identify who had close contact with the player who had tested positive for COVID-19 at the ball field.

4. The Recreation Department or Health Department will begin contacting players in attendance at the ball field:
  - **Direct exposure:** Players will be contacted who have had direct contact with the player who has tested positive. Exposed individuals must be directed to stay home for at least 14 days after the last day of contact with the player who is sick. If a player subsequently tests positive they will be directed to stay home for a minimum of 10 days from the 1st day of symptoms appearing and be fever free for 72 hours without fever reducing medications and experience significant improvements in symptoms. Confidentiality will be maintained.
  - **No exposure:** The rest of the families registered on the team roster (and the opposing team) will be notified of the positive test, but will be instructed to consult their family physician.
- ***If a player is asymptomatic and tests positive, isolation may be discontinued when at least 14 days have passed from the positive test if the player is not showing any symptoms.***

### **Play-Offs**

- Tournament play is currently prohibited for Moderate Risk sports.