

Tri-County Recreation Soccer League-2019
RULES OF 7 V 7 SOCCER

1. Referees will be provided by the home team for these games. There is to be at least one referee on each field, though two is strongly encouraged. **The coaches are not to be the referees for these games.**
2. Fair play at all times.
3. ALL PLAYERS must wear **SHINGUARDS---NO EXCEPTIONS TO THIS. BASEBALL CLEATS NOT PREFERRED OR ENCOURAGED.**
4. **OFFSIDES** called
5. 7 v 7 players on the field—six field players plus a goalkeeper.
6. 20-25 minute halves-3 minutes between halves (individual games may go longer per agreement between both coaches prior to game)
7. Throw-ins from the sideline for out of bounds. **(must use proper technique)**
8. Corner kicks from corner on defensive out of bounds goal line.
9. Goal kicks for offensive out of bounds kicked from the goal line. **Defensive team must retreat to midfield line until the impact of the kick is made by the offensive team** (ball may go beyond the halfway line.)
10. **NO SLIDE TACKLING**
11. Handball, dangerous play (kicking while on the ground, high kicks near any other player, etc.) slide tackling, deliberate handball, dissent on or off the field are offenses which are punishable by a penalty (penalty is the awarding of an indirect free kick to the team not guilty of the offense)
12. **Free kicks:** All other players should give five yards distance from the site of the kick. (15 feet or 3 giant steps). Penalties occurring in the penalty box should result in the ball being placed on marked line five feet beyond center of the top line in goal box. This kick is direct with rebounds in play. Players are not permitted to enter goal box until ball is touched by goalkeeper or goal post.
***Defensive infractions resulting in a free kick that occur within 5 feet of the goal box should be taken by the offensive team from the nearest 5 feet extension mark as indicated in the distributed field dimensions pdf.**
13. **Field Dimensions:**120x180 feet. Halfway line across field. Center circle (optional). Corner arcs (one yard in each corner, optional).
14. **Goal Dimensions:** 12ft. x 5ft. (some towns may be using 6ft. high this year).
15. **Goal Box:** 30 ft. wide x 15 ft. deep. With additional mark five feet beyond the center of the top line in goal box. This is to be used for penalty shots due to infractions occurring inside goal box (players other than goalkeeper and shot taker should be an additional 5 yards or 5 giant steps beyond the penalty shot line.)
16. **Ball size:** 5
17. **ALL PARENTS** of both teams must be on opposite side of the fields as players and coaches.
18. While not required the league strongly encourages players to wear mouth guards.
19. Teams should shake hands at the end of each game.
20. THE REFEREES DECISION IS **FINAL!**
21. **All attempts should be made for equal playing time.**