

**Tri-County Recreation Soccer League-2016**  
**Rules of 5v5 Soccer**

1. Coaches are expected to be the referee for their games and to share this task equally with the opposing coach. **The responsibility should not fall on one coach.**
2. Fair play at all times.
3. ALL PLAYERS must wear SHINGUARDS---NO EXCEPTIONS TO THIS.
4. OFFSIDES is not called in 5 v 5 play
5. 5 v 5 players on the field
6. **No Goalkeepers** in 5 v 5. **No players are permitted inside the 12 x 9 arch surrounding goal at any point.**
7. **Free Kick**—when awarded, takes place at the site of the infraction and all other players must be three yards (nine feet or three giant steps) away from the player with the ball.
8. 20-25 minute halves-3 minutes between halves. (individual games may go longer per agreement between coaches prior to game)
9. Throw-ins are required from sidelines for out of bounds. Proper technique is encouraged, however an infraction should not be called if a violation occurs -must allow **three** yards distance here as well.
10. Corner kick-ins from side of corner for defensive out of bounds at goal line. Infield players must be **three yards** from the ball as it is being kicked in.
11. Goal kicks for offensive out of bounds at goal line. **Defensive team must retreat to midfield line until the impact of the kick is made by the offensive team—ball may not be kicked beyond halfway line.** (Free kick awarded at the halfway line to the opposing team.)
12. **NO SLIDE TACKLING**-awarded with a free kick to the opposition.
13. Head height restriction—(ball should be no higher in air than the head of the tallest player)
14. Shots on goal are not permitted beyond the midfield line. Should a goal result from a shot/pass beyond midfield it will not “count”, the result will be a goal kick for the defending team.
15. Deliberate handball, sliding tackles, dangerous play (kicking while on the ground, high kicks near any other player) dissent on or off the field are offenses which are punishable by a penalty \*\*\*\*a penalty in this game is an indirect free kick awarded to the opposing team.
16. No players are permitted inside the 12x9 arch surrounding the goal. Should the ball come to a stop inside the arch with the defending team being the last to touch it the result will be a corner kick. If the offensive team was the last to touch it a goal kick will be awarded.
17. **Field Dimensions: 70x130 feet. Halfway line across field.**  
**Goal Dimension: 2ft. high x 4ft. wide.**  
**Arch Dimension: 12 ft. (width on end line) x 9 ft. arch in front of goal (no players are allowed inside)**  
**Ball Size: 4**  
**\*All “Free Kicks” awarded will be indirect.**

18. Teams should shake hands at the end of each match.

19. **All attempts should be made for equal playing time.**